

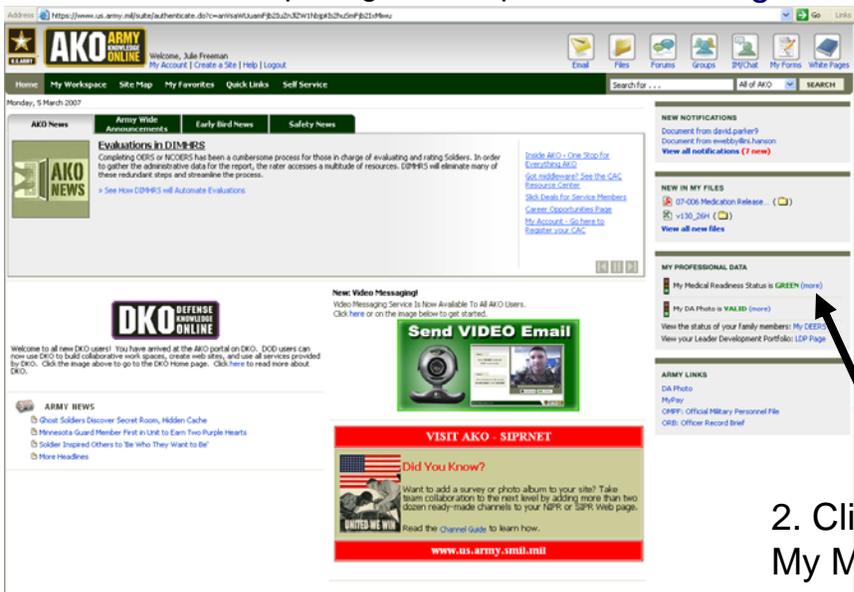
Mandatory Post Deployment Health Re-assessment

The Department of Defense directs all active or reserve component service members to complete a Post Deployment Health Re-Assessment (PDHRA) within 90-180 after returning from a deployment.

Process for completing the PDHRA:

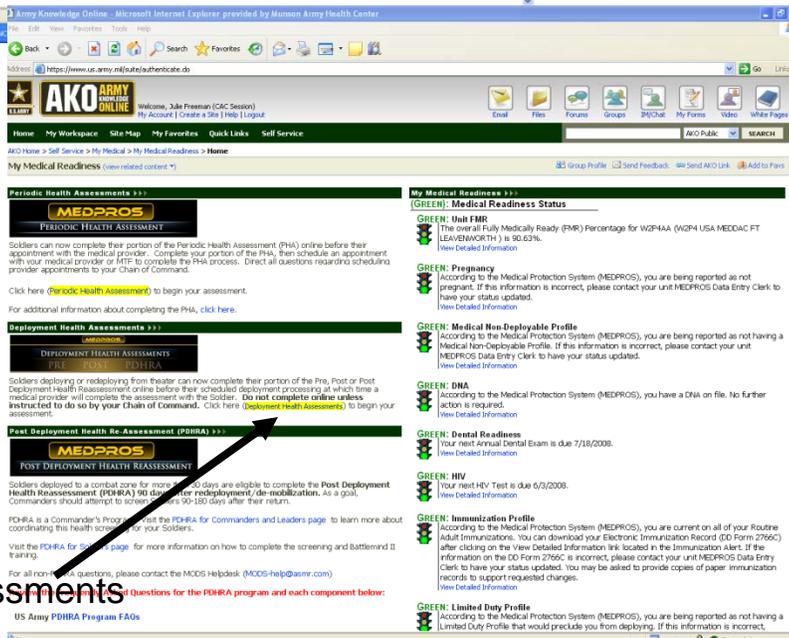
1. Make an appointment for Post Deployment Re-Assessment by calling 913-684-6250.
2. Complete the PDHRA form on AKO **within the 5 days prior** to your scheduled appointment (Do not complete it earlier than 5 days). It takes approximately 10 minutes.

Instructions for completing AKO requirement: 1. Log onto AKO.



2. Click on:
My Medical Readiness (more)

3. Click on:
Deployment Health Assessments



PDHRA instructions in AKO (continued)

Deployment Health Assessments

Pre Deployment DD2795
Post Deployment DD2796
Post Deployment Health Reassessment DD2900
Deployment Health Assessment

Please select the survey you would like to view, edit, or complete

PRE DEPLOYMENT HEALTH ASSESSMENT FORM
(Should be completed within 30 Days prior to Deployment Date)
DD2795

POST DEPLOYMENT HEALTH ASSESSMENT FORM
(Should normally be completed within 30 Days prior to Re-Deployment or immediately upon return)
DD2796

POST DEPLOYMENT HEALTH REASSESSMENT FORM
(Should be completed 90 - 180 days from Post Deployment Date)
DD2900

4. Click here

SRP Site We

Deployment Health Assessments

Pre Deployment DD2795
Post Deployment DD2796
Post Deployment Health Reassessment DD2900

Post-Deployment Health Reassessment Survey

DO NOT complete this form unless you have been directed to by the SRP Staff, Call Center or your Commander. Contact Post_PDHRA@asmr.com for questions or assistance.

[FAQs for Servicemembers](#)
[Battlemind Training for Servicemembers](#)
[Battlemind Training Video](#)

Indicates Forms Completed using the DD Form 2900 June 2005 version
Indicates Forms Completed using the DD Form 2900 January 2008 version

Post Deployment Health Re-Assessment for: [Redacted]

| Date | Status |
|------|--|
| | No Post-Deployment Health Re-Assessment Survey June 2005 version on file |
| | No Post-Deployment Reassessment Version January 2008 Survey on file |

Start New Survey

5. Click here and begin survey

SRP Site We