

**SUPPORT GROUP INFORMATION/RESOURCES**

<b>Support Group</b>	<b>Address</b>	<b>Telephone #</b>	<b>Meeting Times</b>	<b>Web Site / Information</b>
<b>ADD/ADHD</b>				
Parenting ADD &ADHD Child	Olathe District Schools Health Clinic	913-780-7002	TUESDAYS EXCLUDING SCHOOL HOLIDAYS 7-8:30 PM	
<b>Alcohol/Drug Abuse</b>				
Alcohol and Drug Abuse Prevention & Control Program (ADAPCP)	Bldg. 268, Dodge Hall Fort Leavenworth, KS 66027	(913) 684-6771	Monday-Friday 0730-1600	Offered to Active duty military personnel, family members, Retirees, Reservists, National Guard and Department of the Army civilians.
<b>ALS</b>				
ALS Support Group Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Monthly on Third Wed. at 2 pm and first Tuesday at 7 pm	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
<b>ALZHEIMERS</b>				
Alzheimer's and Dementia Caregivers	Olathe Medical Center, but meets at College Church of the Nazarene, Olathe	913-791-4200	1st &3rd Thursday each month 7:00 pm	Meets at College Church of the Nazarene 2020 E. Sheridan, Olathe, KS POC: Ethel Brewer 913-780-0368
Alzheimer's & Dementia Support Group(for Caregivers & family)	Council on Aging 109A Delaware (Alley) Leavenworth, KS	913-684-0777	4th Mondays Each Month 1:00-2:30 pm	POC: Patty Willmeth
<b>Asthma</b>				
Asthma & Allergy Foundation	9140 Ward Parkway, Kansas City, Mo	816-333-6608		<a href="http://www.aafakc.org">www.aafakc.org</a>
<b>Breast Cancer</b>				
<b>See also "Cancer" for other resources.</b>				
African American Women's Breast Cancer Support Group	Swope Parkway Health Center 3801 Blue Parkway, Kansas City, MO	913-432-3277	3rd Tuesday Each Month 5-6:30 PM	American Cancer Society POC: Amy Dreawett. Meets each month except July and August.
American Cancer Society Assistance-Nutritional Supplement	American Cancer Society 6700 Antioch Rd Ste 100 Merriam, KS 66204	913-432-3277		Vanilla Boost, 24 cans per month. One case per month for 3 months to patients in active treatment as requested by health care provider.

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American Cancer Society Look Good Feel Better	University of Kansas Hospital 3901 Rainbow Blvd Kansas City, KS 66160 <b>See also "Cancer" section for more locations of Look Good, Feel Better</b>	913-588-3630		A free service which teaches cancer patients hands-on cosmetic techniques to help them cope with appearance-related side effects from chemotherapy and radiation treatments, provided by certified/trained cosmetologists. This is a non-medical service that does not promote any cosmetic product line. Group classes and one-on-one services are available, depending on the area.
American Cancer Society Reach to Recovery	American Cancer Society 6700 Antioch Rd Ste 100 Merriam, KS 66204	913-432-3277	Contact with a woman facing a diagnosis of breast cancer by a breast cancer survivor. All visitors are trained and certified by Reach to Recovery standards.	Volunteers are trained to give support and up-to-date information, including literature for spouses, children, friends, and other loved ones. Volunteers can also, when appropriate, provide breast cancer patients with a temporary breast form and information on types of permanent prostheses, as well as lists of where those items are available within a patient's community. No products are endorsed.
The COOL Group Breast Cancer Support	North Kansas City Hospital, I-35 and Armour Rd	816-691-1599	1st Tuesday each month 5- 6:30 pm	POC:Peggy Eldred 816-691-5196
Breast Cancer Support Group Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets the second Tuesday of each month from 1:30-3:00 pm	Call Ask-A-Nurse Resource Center at 913- 676-7777 to confirm meeting times and locations.
HUGS Breast Cancer Support Group	St. Luke's North Barry Medical Park S Conference Room 5844 NW Barry Road Kansas City, Mo 64154	call NurseLine at <u>816.932.6220</u> or <u>800.932.6220</u>	1st Thursday Each Month 6- 7:30 PM	People with breast cancer, family and friends are invited to attend this support group
Breast Cancer Support Group II	Providence Medical Center	913-432-3277 or 913-596-4848	3rd Thursday Each Month 6- 7:30PM	
Independence Breast Cancer Support Group	Centerpoint Medical Center Suite 1000, 4721 Cliff Ave, Independence, MO	816-836-8100 ext 6565	2d Thursday Each Month 5:30- 7:30 PM	
TOUCH 1- Breast Cancer Education and Support	Research Belton, 17065 S 71st HWY, Belton, MO	913-498-7742	3rd Tuesday Each Month 3:00- 4:00pm	Must call in advance of attending
Wyandotte Breast Cancer Support Group	Providence Medical Center 8929 Parallel Parkway, Kansas City, KS	913-432-3277	3d Tuesday Each Month 6-7:30 PM	
<b>Breastfeeding</b>				

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Breastfeeding Support Group	Cushing Memorial Hospital		Meets the first Monday of each month at the Cushing Medical Plaza in the conference room. The group meets from 1:00 to 2:30 pm and members can come and go as they please.	The meeting is open to breastfeeding mothers and their babies, and mothers can bring their young children as well.
Breastfeeding Support Group	St. Luke's Health System	<a href="tel:816.932.6220">call NurseLine at 816.932.6220</a> or <a href="tel:800.932.6220">800.932.6220</a>	Offered at several St. Luke's facilities. Register on-line at <a href="http://www.saintlukesheathsystem.org">www.saintlukesheathsystem.org</a> or call the Nurseline for more information.	This weekly gathering provides a supportive atmosphere for breastfeeding mothers to share thoughts and gain encouragement. Breastfeeding babies are welcome. Scales available to weigh babies.
Breastfeeding Support Group Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets every Tuesday from 10-11:30am	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
<b>BRAIN TUMOR</b>				
Brain Tumor Survivor Support Group	St. Luke's Hospital Center for Health 4200 Wornall Road Kansas City MO 64111	<a href="tel:816.932.6220">call NurseLine at 816.932.6220</a> or <a href="tel:800.932.6220">800.932.6220</a>	2nd Tuesday of each month, 7:00-8:30 p.m. Meets in the Health Enhancement building conference room.	
<b>CANCER</b>				
<b>See also listings for specific cancer conditions.</b>				
American Cancer Society	American Cancer Society 6700 Antioch Rd Ste 100 Merriam, KS 66204	913-432-3277		<a href="http://www.cancer.org">www.cancer.org</a>
American Cancer Society Assistance-Nutritional Supplement	American Cancer Society 6700 Antioch Rd Ste 100 Merriam, KS 66204	913-432-3277		Vanilla Boost, 24 cans per month. One case per month for 3 months to patients in active treatment as requested by health care provider.

## SUPPORT GROUP INFORMATION/RESOURCES

American Cancer Society Look Good Feel Better	University of Kansas Hospital 3901 Rainbow Blvd Kansas City, KS 66160	913-588-3630		A free service which teaches cancer patients hands-on cosmetic techniques to help them cope with appearance-related side effects from chemotherapy and radiation treatments, provided by certified/trained cosmetologists. This is a non-medical service that does not promote any cosmetic product line. Group classes and one-on-one services are available, depending on the area.
American Cancer Society Look Good Feel Better	Providence Medical Center 8929 Parallel Parkway Kansas City, MO	913-596-5013		<u>Call for class availability, dates and times.</u>
American Cancer Society Look Good Feel Better	Saint Joseph Medical Center 1000 Carondelet Dr. Kansas City, MO 64114	816-943-2281		<u>Call for class availability, dates and times.</u>
Look Good, Feel Better (Cancer) Support Group	St Luke's Hospital	816-932-6220 1-800-932-6220		<u>Call for class availability, dates and times.</u>
American Cancer Society Look Good Feel Better	Olathe Medical Center 20333 W. 151st Street Olathe, KS	913-393-8230		<u>Call for class availability, dates and times.</u>
American Cancer Society Look Good Feel Better	Western Missouri Medical Center 403 Burkath Road Classroom 1 Warrensburg, MO 64093	913-747-6028		<u>Call for class availability, dates and times.</u>
American Cancer Society Reach to Recovery	American Cancer Society 6700 Antioch Rd Ste 100 Merriam, KS 66204	913-432-3277	Contact with a woman facing a diagnosis of breast cancer by a breast cancer survivor. All visitors are trained and certified by Reach to Recovery standards.	Volunteers are trained to give support and up-to-date information, including literature for spouses, children, friends, and other loved ones. Volunteers can also, when appropriate, provide breast cancer patients with a temporary breast form and information on types of permanent prostheses, as well as lists of where those items are available within a patient's community. No products are endorsed.
Breath of Life: exercises for Cancer Survivors	Dale's Athletic Club 11301 W 88th ST, Overland Park, KS	816-960-4824	Every Monday and Wednesday 10:30-11:30 AM	
Community Cancer Support Group	Stone Church 1012 W Lexington, Independence, MO	816-461-7712	Every Tuesday 6:30-8 PM	
Grandview Cancer Support Group	ST Matthew Presbyterian Church, 2217 High Grove Rd, Grandview, MO	816-761-3937	3rd Monday Each Month 10:30 AM	POC: Jan at 816-761-3937
Hospice-see listing below "Hospice"				

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Kansas City Leukemia and Lymphoma Support Group	Leukemia and Lymphoma Society 6811 W. 63rd St., Suite 202 Shawnee Mission, KS 66202	913-262-1515	3rd Monday Each Month 7:00-8:30 pm	Please call to register and get location. POC: Victoria Blume 913-262-1515
Kansas City Multiple Myeloma Family Support Group	Leukemia and Lymphoma Society 6811 W. 63rd St., Suite 202 Shawnee Mission, KS 66202	913-262-1515	2nd Monday Each Month 7-8:30 PM	Please call to register and get location. POC: Victoria Blume 913-262-1515
Living After Cancer	ST John's Hospital 3500 S 4th ST, Leavenworth, KS	913-772-9852	2d Thursday Each Month 7-8:30 PM	Meets 1st floor Father Bourke room. POC: Frieda at 913-772-9852
Menorah Medical Center Cancer Support Group	Menorah Medical Center 5721 W. 119th St. Overland Park, KS 66209-3722	913-498-6000	Call for information.	<a href="http://www.menorahmedicalcenter.com">www.menorahmedicalcenter.com</a>
Ovarian Cancer Groups	Shawnee Mission Medical Center, The Center for Women's Health	913-484-4407	2d Sunday Each Month 1-2 PM Survivors Support; 1-2 PM Caregivers Support; 2-4 PM Advocacy	
Sarcoma Support Group	Menorah Medical Center, 5721 W 199th ST, Overland Park, KS	913-696-1020	1st Tuesday Each Month 5:30-6:30 PM	
St. Andrew's Cancer Support Group	St. Andrews Episcopal Church 6400 Wornall Terr, Kansas City, MO	913-897-2376	2d Wednesday Each Month 7-8:30 PM	
St. Peregrine Cancer Support Group	St. Therese Church 7207 HWY 9 NW, Kansas City, MO	816-741-2800 ext 218	2d Monday Each Month 7-8:30 PM	Faith based program
The "COOL" Group	North Kansas City Hospital, I-35 and Armour Rd	816-691-1599	1st Tuesday Each Month 6:30-8 PM	POC; Mary Valla 816-691-5195
Time to Talk	Cancer Action, 1831 Minnesota, Kansas City, KS 66012	913-321-8880		Please call for information.
Time to Talk	Cancer Action, 10520 Barkley, Suite 100, Overland Park, KS 66212	913-642-8895		Please call for information.
Time to Talk	Cancer Action, 4010 S. Lynn Ct. Independence, MO 64055	816-350-8881		Please call for information.
<b>Caregivers</b>				
Caregiver Support Group Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets the second and fourth Monday of each month from 5-7 pm.	
Caregivers Support Group	St Joseph Health Center 1000 Carondelet DR, Kansas City, MO	816-943-2782	1st Tuesday Each Month, 11:30-1 PM	
Primary Caregivers Support Group	Shawnee Mission Medical Center 9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets the first Thursday of each month at 7 pm.	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
<b>Crohn's Disease</b>				

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Crohn's and Colitis Support Group Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets the second Monday of each month from 7-8:30 pm	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
<b>Depression</b>				
Depression Support Group	Crossroads United Methodist Church 700 Quick Trip Way, Kansas City, KS	816-331-5258 or 816-331-2285	Wednesdays at 4:00 PM Room 103	Please call in advance if possible. POC: Gibson Pearis or Melissa Smith
Grief Support Group	Crossroads United Methodist Church 700 Quick Trip Way, Kansas City, MO	816-331-5258 or 816-331-2285	Wednesdays at 6:00 pm Room 105	Please call in advance if possible. POC: Gibson Pearis or Melissa Smith
<b>Diabetes</b>				
American Diabetes Association	3210 E Douglas Leavenworth, KS	800-362-1355		
Brownbag Diabetes Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	This lunch group meets the first Thursday each month 11am-noon	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
Diabetes Meet 'n Munch Support Group	St. Luke's South 12300 Metcalf, Conference Room A Overland Park, KS 66213	<u>call NurseLine at 816.932.6220 or 800.932.6220</u>	Meets the second Wednesday of each month.	One-hour monthly support group for people with diabetes or those interested in diabetes. We will feature a different guest speaker and topic each month. Participants are encouraged to bring their lunch. No registration required.
Diabetes Support Group Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times.	
Juvenile Diabetes Research Foundation	920 Main St., Suite 280 Kansas City, MO 64105	816-472-7997	POC: Regan Schumaker	<a href="http://www.idrf.org">www.idrf.org</a>
<b>Eating Disorders</b>				
Eating Disorders Support Group	Shawnee Mission Medical Center, The Center for Women's Health	913-932-6220 1-800-932-6220	2d & 4th Thursdays Each Month 7:30-9 PM	
<b>Endometriosis</b>				
Endometriosis Support Group Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times.	
<b>Family Violence/Abuse</b>				
Family Advocacy Program	Bldg. 55 Dickinson Hall 6615 McClellan Ave. Fort Leavenworth, KS 66027	913-684-2811		A Department of Defense program with the mission of education, prevention and treatment of child and spouse abuse in the military.

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<b>Fibromyalgia</b>				
Fibromyalgia & Chronic Fatigue Support Group	St Luke's Hospital	913-932-6220 1-800-932-6220	2d Saturday Each Month 2-4 PM	
<b>Grief Recovery</b>				
Bereavement Support Group	St Joseph Health Center 1000 Carondelet DR, Kansas City, MO	816-943-2782	2nd Thursday 10:00 am -and 6:00 pm Medical Library Reading room Abell Loorenz Bldg	Poc: Reverend Evelyn Summers
Grief Recovery Support Group Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.	
Grief Recovery Support Group St. Luke's Health System	Various locations	<u>call NurseLine at 816.932.6220 or 800.932.6220</u>		Call Nurseline 800-932-6220 or register online at <a href="http://www.saintlukeshealthsystem.org">www.saintlukeshealthsystem.org</a>
Perinatal Bereavement Support Group --Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets the first and third Thursdays of each month from 7-8:30 pm.	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
<b>GYN CANCER</b>				
Focus on Life (Gynecologic Cancer)	St Luke's Hospital 4400 Wornall, Kansas City, Mo	816-932-3398	3rd Wednesday each Month 5-6:30 PM	
Ovarian Cancer Groups	Shawnee Mission Medical Center, The Center for Women's Health	913-484-4407	2d Sunday Each Month 1-2 PM Survivors Support; 1-2 PM Caregivers Support; 2-4 PM Advocacy	
<b>HEARING</b>				
Midwest Ear Institute - Informal social group for Cochlear implant patients	Midwest Ear Institute 4200 Pennsylvania, Suite 100, Kansas City, MO	816-932-1660	<a href="http://saintlukeshealthsystem.org">saintlukeshealthsystem.org</a> (look under hearing services)	<a href="http://www.mei-kc.org">www.mei-kc.org</a>
<b>HEART</b>				
American Heart Association	6800 W. 93rd St. Overland Park. KS 66212	913-648-6727	Mended Hearts 1-888-HEART99 (call to find local support group)	<a href="http://www.americanheart.org">www.americanheart.org</a>
Heart Failure Support Group	St. Luke's Health System Mid America Heart Institute 44th & Wornall, Fifth Floor Classroom Kansas City MO 64111	Call Evelyn at (816)932-5330 to register.	Classes held on 4th Monday of the month from 2:30-4:00 p.m.	Discuss topics related to heart failure with a Clinical Nurse Specialist and other patients and families experiencing the challenges of living with heart failure. Listed on website <a href="http://www.saintlukeshealthsystem.org">www.saintlukeshealthsystem.org</a>
<b>HODGKINS DISEASE</b>				

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Kansas City Young Adult Hodgkin's Disease Family Support Group		913-498-7742	1st Monday Each Month 7-8:30 PM	
<b>HOSPICE</b>				
Leavenworth County Hospice	6th & Spruce Leavenworth, KS	758-9034		
Missouri Hospice Organization	3905 Stonewall Ave, Independence, MO	816-350-7702		<a href="http://www.mohospice.org">www.mohospice.org</a>
<b>Kidney</b>				
American Kidney Fund	Patient Services & Financial Assistance, Call 1-800-638-8299	800-638-8299	For Kidney related questions, Call the helpline 1-866-300-2900	<a href="http://www.kidneyfund.org">www.kidneyfund.org</a>
<b>Leukemia</b>				
Kansas City Leukemia/Lymphoma Family Support Group	Leukemia and Lymphoma Society 6811 W. 63rd St., Suite 202 Shawnee Mission, KS 66202	913-262-1515	3rd Monday Each Month 7-8:30 PM	Please call to register and get location. POC: Victoria Blume 913-262-1515
Leukemia & Lymphoma Society	6811 W 63rd ST, Suit 202, Shawnee Mission, KS	913-262-1515 or 800-256-1075		<a href="http://www.leukemia-lymphoma.org">www.leukemia-lymphoma.org</a>
<b>Lupus</b>				
Lupus Support Group	Saint Luke's Northland Smithville Rehab Unit Day Room Kansas City MO 64111	<u>call NurseLine at 816.932.6220 or 800.932.6220</u>	4th Tues each month 7PM-9:00PM.	A collaborative effort with the Lupus Foundation KC Chapter. For information call support group leader, Lois Noack 816-532-0667
<b>Mental Illness</b>				
NAMI of Greater Kansas City	406 W 34th ST, Suite 506 Kansas City, MO 64111	816-931-0030	Various Support Groups. Call or visit website for more information.	<a href="http://www.kcnami.org">www.kcnami.org</a>
<b>Multiple Myeloma</b>				
Kansas City Multiple Myeloma Family Support Group	Leukemia and Lymphoma Society 6811 W. 63rd St., Suite 202 Shawnee Mission, KS 66202	913-262-1515	2nd Monday Each Month 7-8:30 PM	Please call to register and get location. POC: Victoria Blume 913-262-1515
<b>Muscular Dystrophy</b>				
Muscular Dystrophy Association	15301 W. 87th St. Parkway #255 Shawnee Mission, KS 66219	913-859-0632		<a href="http://www.mdausa.org">www.mdausa.org</a>
<b>Multiple Birth</b>				
Moms of Multiples Exchange Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets the first and third Friday of each month, 10-11:30 am	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
<b>Multiple Sclerosis</b>				

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Multiple Sclerosis of Leavenworth County	1418 Western Leavenworth, KS	682-2863		
Multiple Sclerosis Support Group	9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets the third Thursday of each month from 7-9 pm.	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
National Multiple Sclerosis Society	5442 Martway, Shawnee Mission, KS	913-432-3926		<a href="http://www.nmsskc.org">www.nmsskc.org</a>
<b>Neuropathy</b>				
Neuropathy Support Group	St Luke's Hospital Outpatient Center City, MO 64111	Peet Kansas	call NurseLine at <u>816.932.6220</u> or <u>800.932.6220</u>	Neuropathy Support Group meets first Thursday of the month in Peet Outpatient Center, 1:00 - 3:00p.m. Contact Shirley Linn 913-299-9873 <a href="http://www.saintlukeshealthsystem.org">www.saintlukeshealthsystem.org</a>
<b>Ostomy</b>				
United Ostomy Association of America KC Chapter Support Group	Shawnee Mission Medical Center		Meets the second Wednesday each month except July and December at 7 pm.	Call Diane at 913-649-3455 for more information.
<b>Parkinson's Disease</b>				
Parkinson's Foundation	Parkinson Foundation of the Heartland 7800 Foster, Overland Park, KS 66204-2955	913-341-8828	List of Parkinson's Support Groups in Mo, KS, and OK can be found at the website.	<a href="http://www.parkinsonheartland.org">www.parkinsonheartland.org</a>
<b>Post Traumatic Stress Disorder</b>				
Post Traumatic Stress Disorder Support Group	The Vet Center E. Armour Blvd., Suite 305 City, MO 64111	301 Kansas	816-753-1866	Meets Tues. and Wed. 10-11:30 am and Thursdays 6-8:00 pm
Post Traumatic Stress Disorder Support Group	Dwight D. Eisenhower VA St. Trafficway Leavenworth, KS 66048	4101 S. 4th	913-682-2000 Ext. 53036	Call POC; Dr. Paula Timmons to register
<b>Respiratory Disease</b>				
American Lung Association	2400 Troost Suite 4300 Kansas City, MO 64108		816-842-5242	<a href="http://www.lungusa.org">www.lungusa.org</a>
Living with COPD Shawnee Mission Medical Center	9100 W. 74th St. Shawnee Mission, KS 66024		913-676-7777	Participants in this class will learn about breathing techniques, treatments, preventing complications, and when to call the doctor.  Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
<b>Sexual Assault</b>				

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Fort Leavenworth Sexual Assault Prevention and Response Program	Bldg. 55 Dickinson Hall 6615 McClellan Ave. Fort Leavenworth, KS 66027	913-684-2800 or 2822		Installation Victim Advocate is Pat Osborne-cell # 913-683-2537. For emergency assistance call 913-684-9131 or 1-800-644-1441.
<b>Sickle Cell</b>				
Sickle Cell Disease Association	1734 E 63rd, #600E, Kansas City, MO	816-444-5600		<a href="http://www.kcsicklecell.org">www.kcsicklecell.org</a>
<b>Stroke</b>				
Stroke Support Group	St. Luke's Northland Smithville Multipurpose Room Smithville, MO 64089	<u>call NurseLine at 816.932.6220 or 800.932.6220</u>	3rd Monday Each Month 2-3:30 PM	The rehabilitation team at Saint Luke's Northland Hospital created this group for stroke survivors, caregivers, and family to help rebuild lives and reestablish social connections. Topics vary monthly and cover stroke prevention, community re-entry, area resources, emotional struggles, health/diet, and general rehabilitation. Registration is not required.
Stroke Support One Day at a Time	Shawnee Mission Medical Center 9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets the fourth Tuesday of each month at 7 pm.	Call Ask-A-Nurse Resource Center at 913-676-7777 to confirm meeting times and locations.
<b>Suicide</b>				
Survivors of Suicide Support Group	Shawnee Mission Medical Center 9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets second and fourth Tuesdays of the month 6:30-8:00 pm in Life Dynamics Room 12.	POC: Mickey Swade at 913-681-3050. website: <a href="http://www.sass-mokan.com">www.sass-mokan.com</a>
<b>GENERAL SUPPORT GROUP</b>				
American Red Cross	525 Shawnee Leavenworth, KS 66048	682-6222		After hours this phone # forwards to Louisville Chapter Red Cross.
American Red Cross	Fort Leavenworth	684-4843		
Service to the Armed Forces Center-American Red Cross	For Active duty and their spouses.	1-877-272-7337	This center is open 24 hours a day, 365 days a year.	Provides emergency messages between active duty members and their spouses. Other family members of active duty need to call their local Red Cross office for assistance.
Leavenworth County Council on Aging		684-0777		Monthly speakers. Call for information.

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Leavenworth County Social and Rehabilitation Services (SRS)	515 Limit St., Suite 100 Leavenworth, KS 66048	651-6200	Hours: 8:00 am- 5:00 pm Monday thru Friday	Assistance with food stamps, cash, medical assistance to families with children, medicare for over age 65, vocational rehab, child care assistance, children and family services, child support enforcement.
Widow Friendship Exchange	Shawnee Mission Medical Center 9100 W. 74th St. Shawnee Mission, KS 66024	913-676-7777	Meets every Wednesday 5-6:30 pm	Call 913-676-7595 for more information.
Army Community Service Waiting Spouses Group	Bldg. 55 Dickinson Hall 6615 McClellan Ave. Fort Leavenworth, KS 66027	913-684-2811	Meets on a regular basis.	An organization sponsored by ARES to help spouses cope with geographical separation due to an unaccompanied tour, extended temporary duty or deployment. The group attempts to provide emotional and moral support to its members in a friendly relaxed atmosphere. Participation in the group is strictly voluntary.
Army Emergency Relief	Bldg. 55 Dickinson Hall 6615 McClellan Ave. Fort Leavenworth, KS 66027	913-684-HELP(4357) or 684-2800		A non profit organization with the primary mission to provide assistance to Army members, (active and retired), family members, widows and orphans in times of valid emergency needs.
Fort Leavenworth Chaplain Family Life Center	Main Post Chapel Bldg. 56, Corner of Pope Avenue and Thomas Avenue, east of Smith Dental Clinic	913-684-8995	Offered to Active duty and retired soldiers and their families, and Reserve components.	Provides marriage and family enrichment through pastoral counseling and education.
<b>VETERANS ONLY</b>				
Support Groups for: Post Traumatic Stress Disorder, Anger Management, Depression, Bi-polar disorder, Women's Trauma group, Male Survivors of Sexual abuse, Sleep disorders	Dwight D. Eisenhower VA 4101 S. 4th St. Trafficway Leavenworth, KS 66048	913-682-2000 Extension 53036	Offered to Veterans Only. Excludes active duty.	POC: Dr. Paula Timmons to register and for more information.
Post Traumatic Stress Disorder Support Group	Dwight D. Eisenhower VA 4101 S. 4th St. Trafficway Leavenworth, KS 66048	913-682-2000 Ext. 53036	Call POC: Dr. Paula Timmons to register	For Veterans Only! Does not serve active duty.