

DS LOGON ?
Department of Defense
Self-Service

[Forgot DS Logon Username?](#)

[Forgot DS Logon Password?](#)

Login

CAC ?
Common Access Card



Login

DFAS myPay PIN ?
Defense Finance and Accounting
Service

[Forgot DFAS MyPay Login Id?](#)

[Forgot DFAS MyPay Password?](#)

Login

For More Information

Sign up to receive TOL News and Events Emails
<https://public.govdelivery.com/accounts/USMHS DHSS/subscriber/new>

TOL Customer Service
Available 24/7/365
1 (800) 600 9332

OCONUS Telephone
Numbers located at "Contact Us"

Why do I need an account to access TOL?

A TOL account is used to validate that you are an eligible TRICARE patient and to ensure the security of your personal health data.

What is TOL? Why would I want to access TOL?

TOL is the Department of Defense's online patient portal. TOL provides Military Health System patients, who receive care at a military hospital or clinic, convenient online access to appointing, prescription refill, Blue Button personal health data and other health care information and services.

Who is eligible for a TOL account?

If you are a TRICARE patient, at least 18 years old, and receive care at a military hospital or clinic, you are eligible for a TOL account.

What types of accounts can I use to access TOL?

- Premium DoD Self-Service Logon (DS Logon)
- DoD Common Access Card (CAC)
- Defense Finance and Accounting Services (DFAS) myPay



How do I log in to TOL using a DS Logon account?

1. Go to www.tricareonline.com and click the “**Login**” button.
2. Enter your DS Logon username and password, and click the “**Login**” button.

If you would like to obtain or learn more about DS Logon, please visit the DS Logon Self-Service website located at:

<https://myaccess.dmdc.osd.mil/identitymanagement/help.do>

How do I log in to TOL using a DoD CAC account?

1. Go to www.tricareonline.com and click the “**Login**” button.
2. Ensure your CAC is in the reader and click the “**Login**” button.

If you have questions or would like more information about DoD CAC, please visit the CAC website located at:

<http://www.cac.mil/>

How do I log in to TOL using a DFAS myPay account?

1. Go to www.tricareonline.com and click the “**Login**” button.
2. Enter your myPay Login ID and myPay password, and click the “**Login**” button.

If you have questions or would like more information about DFAS myPay, please visit the DFAS myPay website located at:

<https://mypay.dfas.mil/mypay.aspx>

The screenshot shows the TRICARE Online login page. The DS LOGON section is highlighted with a red box. It includes the following text and fields:

- DS LOGON** (with a help icon)
- Department of Defense Self-Service
- DS Logon Username (input field)
- DS Logon Password (input field)
- Forgot DS Logon Username? (link)
- Forgot DS Logon Password? (link)
- Login (button)

Below the login sections, there are links for DS LOGON management:

- Need a DS LOGON? Register (with help icon)
- Have a DS LOGON activation letter? Activate (with help icon)
- Need to upgrade your DS LOGON? Upgrade (with help icon)
- Need to manage your logon profile settings? Manage (with help icon)

The screenshot shows the TRICARE Online login page. The CAC section is highlighted with a red box. It includes the following text and fields:

- CAC** (with a help icon)
- Common Access Card
- Image of a Common Access Card
- Login (button)

Below the login sections, there are links for DS LOGON management:

- Need a DS LOGON? Register (with help icon)
- Have a DS LOGON activation letter? Activate (with help icon)
- Need to upgrade your DS LOGON? Upgrade (with help icon)
- Need to manage your logon profile settings? Manage (with help icon)

The screenshot shows the TRICARE Online login page. The DFAS myPay PIN section is highlighted with a red box. It includes the following text and fields:

- DFAS myPay PIN** (with a help icon)
- Defense Finance and Accounting Service
- MyPay Login Id (input field)
- MyPay Password (input field)
- Forgot DFAS MyPay Login Id? (link)
- Forgot DFAS MyPay Password? (link)
- Login (button)

Below the login sections, there are links for DS LOGON management:

- Need a DS LOGON? Register (with help icon)
- Have a DS LOGON activation letter? Activate (with help icon)
- Need to upgrade your DS LOGON? Upgrade (with help icon)
- Need to manage your logon profile settings? Manage (with help icon)