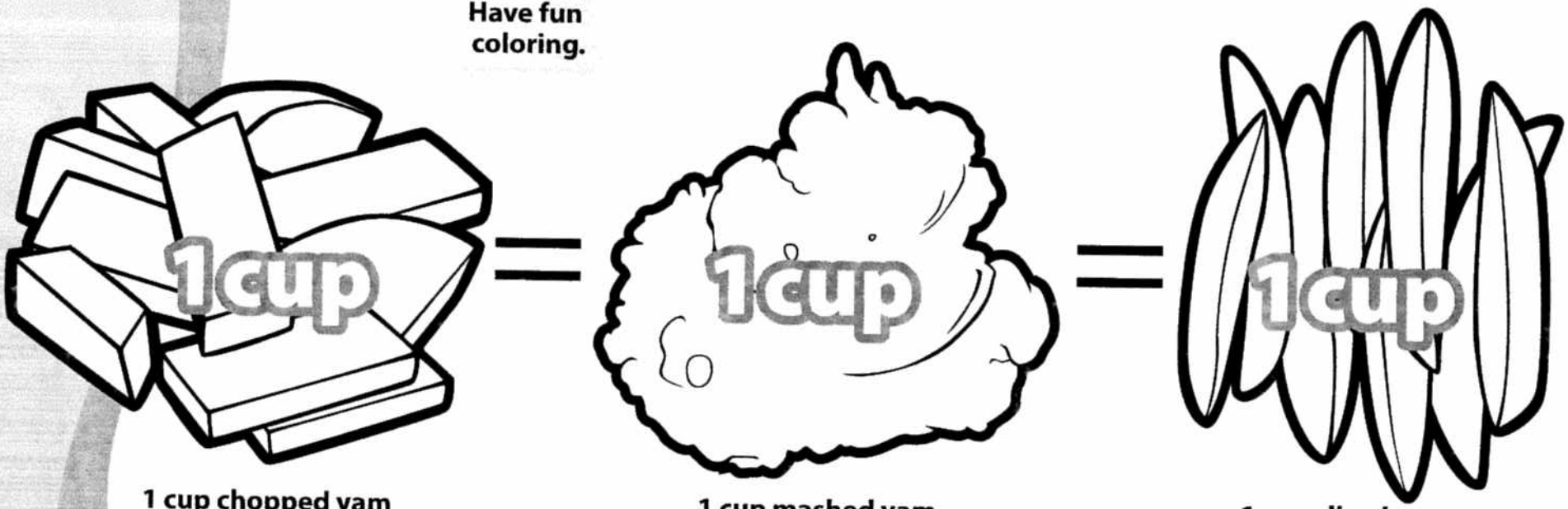
Chopped, Mashed or Sliced

cup equivalents

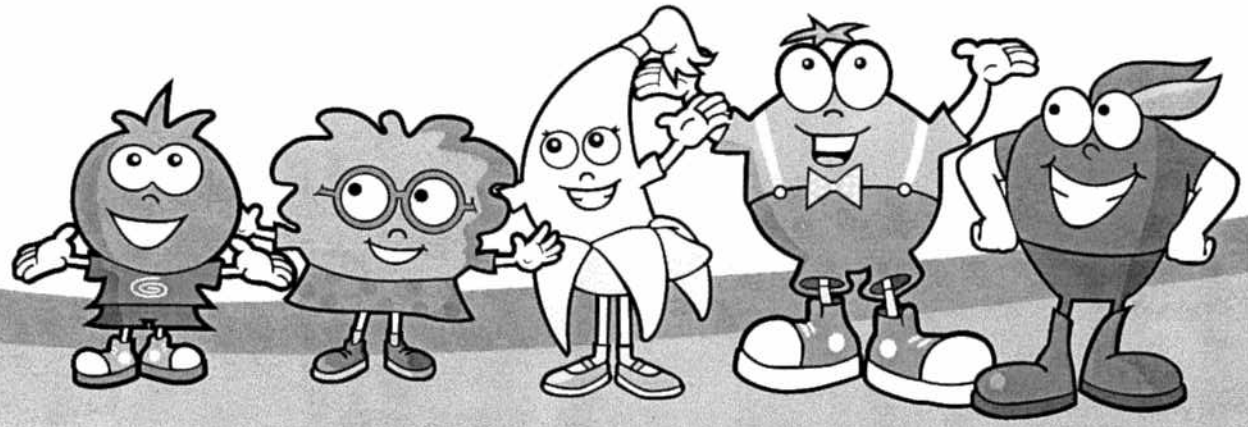
1 cup measures volume not shape

Hey kids!
Have fun
coloring.



1 cup chopped yam

1 cup mashed yam

1 cup sliced yam

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