

MUNSON ARMY HEALTH CENTER PHA PROCESS

PHA

PERIODIC HEALTH ASSESSMENT

Fitness and Medical Readiness is an Individual Responsibility

PHA completed every year & will go Amber at 12 months

If Soldier is an aviator a PHA is NOT needed.

PHA Online Questionnaire via
AKO
www.us.army.mil
or
<http://mymedpros.army.mil>

