

# e-Profile

How a Soldier can print  
their own Profiles on  
AKO My Medical Readiness



# Printing a Profile in AKO My Medical Readiness

After a profile is signed and approved a Soldier will be able to print a copy of their profile from the My Medical Readiness page in AKO.

Please follow these steps:

- 1) Logon to AKO
- 2) Click on the “My Medical Readiness Status” on the right side of your AKO homepage
- 3) On the Medical Readiness page you will see the My Medical Readiness on the right side. Click on any “View Detailed Information” link.
- 4) A separate web page will open displaying the Soldier’s Medical Readiness. Click on the “Download My Profiles (DA 3349)” link near the bottom left hand side of the page
- 5) Another web page will open showing all of the approved permanent and temporary profiles on the Soldier. Click on “View PDF” for the appropriate profile.
- 6) Click “OK” on the dialog box that opens
- 7) Preview the profile on the screen and click on the Printer icon in the top left hand corner to print or save a copy by using the file menu



### Login to AKO/DKO

[Forgot Your Password?](#)

Username

Password

Low Bandwidth

### CAC Login to AKO/DKO

Low Bandwidth



### Access Your Webmail

- ▶ [Webmail](#)
- ▶ [Webmail Classic](#)
- ▶ [Webmail Lite](#)

### New User?

- ▶ [Register without a CAC](#)
  - ▶ [Register with a CAC](#)
- If you are a DoD customer (non-Army), a CAC is required for registration. Everyone else may choose whether or not to register a CAC at the same time as their account.

### FAQs

- ▶ [How do I install the DoD Certificate?](#)
- ▶ [How do I reset my password?](#)
- ▶ [How do I register for an AKO/DKO Account?](#)
- ▶ [How do I use my CAC to login to AKO/DKO?](#)
- ▶ [Search All FAQs](#)



Vice President Joe Biden lays a wreath at the Tomb of the Unknowns during a Veterans Day ceremony at Arlington National Cemetery, Nov. 11, 2010. DoD photo by Karen Parrish (Photo by U.S. Army)

### Help

- ▶ [Reset Password](#)
- ▶ [Username Reminder](#)
- ▶ [Help Desk](#)

**!** *Need a new password?  
Forgot your password?  
Click here to reset it.*

### Other DoD Service Portals

- ▶ [Air Force Portal](#)
- ▶ [Defense Online](#)
- ▶ [MarineNet](#)
- ▶ [Navy Enterprise Portal -- Coming Soon](#)



AKO Mail Inbox (1)

New Notifications (0)

New In My Files (1)

New in My Blogs

My Tasks

Webmail Lite

Help Desk FAQs

AKO Training

Go Mobile

Slick Deals

Inside AKO/DKO

Career Opportunities



### DoD Migrating AKO SSO Applications and Systems to CAC-Only Authentication

In order to effect maximum compliance IAW DoD policy (CTO 07-15) all applications and devices will be configured to allow authentication only via CAC/PKI credentials for CAC holders. All Army IT systems utilizing usernames and passwords for authentication to AKO must convert to CAC authentication for CAC holders. All AKO Single Sign-On (SSO) applications and systems will

### Register Now to be an eCybermission Volunteer or Virtual Judge

The U.S. Army's free, Web-based science, technology, engineering and mathematics (STEM) competition for students in grades six through nine -- called eCybermission -- is seeking volunteer Ambassadors, CyberGuides, Team Advisors and Virtual Judges with a background or interest in STEM or education. Sign-up for this valuable Army community service program now by clicking "More."

[More »](#)

- Ability to Select Preferred Webmail Client Coming Soon
- Increase Leader Self-Awareness with Army 360
- Secure Flight Information a New Requirement for Defense Travel System



#### Last Login

#### My Professional Data

My Medical Readiness Status is GREEN

My DA Photo is VALID

[My DEERS](#)

[My Training](#)

[My Leader Development](#)

#### Army Links

[DA Photo](#)

[MyPay](#)

[OMPF Reserve](#)

#### Army Links

[Army Civilian Corps Creed](#)

[Civilian Personnel On-line \(CPOL\)](#)

[Mentorship](#)

[MyPay](#)

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## Medical Readiness Tools

[PHA](#) | [Deployment Health Assessments](#) | [PDHRA](#) | [My Dental](#) | [My MEB/My PEB](#) | [My Vision](#) | [Army MOVE!](#)

### Periodic Health Assessment (PHA)



Soldiers can now complete their portion of the Periodic Health Assessment (PHA) online before their appointment with the medical provider. Complete your portion of the PHA, then schedule an appointment with your medical provider or MTF to complete the PHA process. Direct all questions regarding scheduling provider appointments to your Chain of Command. Click here ([Periodic Health Assessment](#)) to begin your assessment. If you have questions regarding your PHA, please contact your chain of command. For additional information about completing the PHA, click [here](#).

### Deployment Health Assessments

#### My Medical Readiness >>>

#### (GREEN): Medical Readiness Status Print

##### GREEN: Unit FMR

The overall Fully Medically Ready (FMR) Percentage for [redacted] is 100%.  
[View Detailed Information](#)

##### GREEN: Post Deployment Health Reassessment

Your Post Deployment Health Reassessment (PDHRA) eligibility window is [redacted] based on your Post Deployment Health Assessment (PDHA) date. Once you are inside your window, you will be provided with additional PDHRA screening information within this stoplight command or via email.  
[View Detailed Information](#)

##### GREEN: Medical Non-Deployable Profile

According to the Medical Protection System (MEDPROS), you are being reported as not having a Medical Non-Deployable Profile. If this information is incorrect, please contact your unit MEDPROS Data Entry Clerk to have your status updated.  
[View Detailed Information](#) ← 3

##### GREEN: DNA

According to the Medical Protection System (MEDPROS), you have a DNA on file. No further action is required.  
[View Detailed Information](#)

\*\*\*Note: You can select any "View Detailed Information" link, they will all take you to the same place



### Medical Readiness Profile for

**Overall Readiness Status: Green**

#### Medical Readiness Indicators

- Unit FMR
- Post Deployment Health Reassessment
- Medical Non-Deployable Profile
- DNA
- Dental Readiness
- HIV
- Immunization Profile
- Limited Duty Profile
- Periodic Health Assessment
- Vision Readiness
- Hearing Readiness
- PPD
- Unit Influenza

#### Forms

- Electronic Immunization Record
- IMR Record
- Hearing Record
- DA 7655 - Vision Summary
- Download My Profiles (DA 3349)

#### Self-Service Links

- Deployment Health Assessments
- Periodic Health Assessment



#### Unit FMR

The overall Fully Medically Ready (FMR) Percentage for **100%** is 100%.

#### Medical Information On File:

To see more detailed information about your Unit's FMR Status, [click here](#)

[Download My Profiles \(DA 3349\)](#)

## AKO Portal

[Login](#) | [Logout](#)

The table contains all your approved permanent and temporary profiles created in e-Profile. You can view and print your profiles by clicking on the View PDF link.

Submitted	Expires	Profile Type	Status	PULHES	Primary Diagnosis	
20101116	20101216	Temporary	Approved	112111	Test Profile	 <a href="#">View PDF</a>

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You are accessing a U.S. Government (USG) Information System (IS) that is provided for USG-authorized use only.

By using this IS (which includes any device attached to this IS), you consent to the following conditions:

- The USG routinely intercepts and monitors communications on this IS for purposes including, but not limited to, penetration testing, COMSEC monitoring, network operations and defense, personnel misconduct (PM), law enforcement (LE), and counterintelligence (CI) investigations.
- At any time, the USG may inspect and seize data stored on this IS.
- Communications using, or data stored on, this IS are not private, are subject to routine monitoring, interception, and search, and may be disclosed or used for any USG authorized purpose.
- This IS includes security measures (e.g., authentication and access controls) to protect USG interests--not for your personal benefit or privacy.
- Notwithstanding the above, using this IS does not constitute consent to PM, LE or CI investigative searching or monitoring of the content of privileged communications, or work product, related to personal representation or services by attorneys, psychotherapists, or clergy, and their assistants. Such communications and work product are private and confidential. See User Agreement for details.

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### File Download

Do you want to open or save this file?

 Name: [REDACTED]  
Type: Adobe Acrobat Document  
From: medpros.mods.army.mil

6 →

 While files from the Internet can be useful, some files can potentially hamper your computer. If you do not trust the source, do not open or save this file. [What's the risk?](#)

You are accessing a U.S. G

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- The USG routinely inter operations and defense
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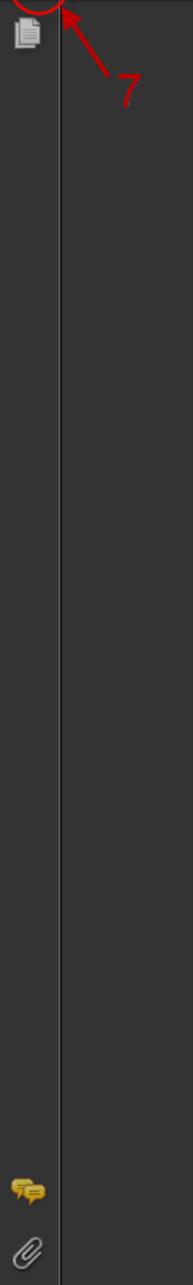
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not limited to, penetration testing, COMSEC monitoring, network ce (CI) investigations.

, interception, and search, and may be disclosed or used for any USG

ests--not for your personal benefit or privacy.

searching or monitoring of the content of privileged communications, or



**PHYSICAL PROFILE**  
For use of this form, see AR 40-501; the proponent agency is the Office of the Surgeon General.

1. MEDICAL CONDITION: (Description in lay terminology)  INJURY? Or  ILLNESS/DISEASE? 2. CODES (Table 7-2 AR 40-501) 3. Temporary  Permanent

P	U	L	H	E	S
1	1	2	1	1	1

4. PROFILE TYPE  
 a. TEMPORARY PROFILE (Expiration date YYYYMMDD) 20101216 (Limited to 3 months duration) YES  NO   
 b. PERMANENT PROFILE (Reviewed and validated with every periodic health assessment or after 5 years from the date of issue) YES  NO

5. FUNCTIONAL ACTIVITIES THAT EVERY SOLDIER REGARDLESS OF MOS MUST BE ABLE TO PERFORM. IF SOLDIER CANNOT PERFORM ANY ONE OF THESE TASKS, THEN THE PULHES MUST CONTAIN AT LEAST ONE "3" AND SOLDIER MUST BE REFERRED TO A MEB. CAN THE SOLDIER:

FUNCTIONAL ACTIVITY:	YES	NO
a. Carry and fire individual assigned weapon?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
b. Evade direct and indirect fire?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
c. Ride in a military vehicle for at least 12 hours per day?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
d. Wear a helmet for at least 12 hours per day?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
e. Wear body armor for at least 12 hours per day?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
f. Wear load bearing equipment (LBE) for at least 12 hours per day?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
g. Wear military boots and uniform for at least 12 hours per day?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
h. Wear protective mask and MOPP 4 for at least 2 continuous hours per day?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
i. Move 40lbs (for example, duffle bag) while wearing usual protective gear (helmet, weapon, body armor and LBE) at least 100 yards?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
j. Live in an austere environment without worsening the medical condition?	<input checked="" type="checkbox"/>	<input type="checkbox"/>

6. APFT	YES	NO	ALTERNATE APFT (Fill out if unable to do APFT run otherwise N/A)	N/A	YES	NO
2 MILE RUN	<input checked="" type="checkbox"/>	<input type="checkbox"/>	APFT WALK	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
APFT SIT-UPS	<input checked="" type="checkbox"/>	<input type="checkbox"/>	APFT SWIM	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
APFT PUSH UPS	<input checked="" type="checkbox"/>	<input type="checkbox"/>	APFT BIKE	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

7. DOES THE SOLDIER MEET RETENTION STANDARDS IAW CHAPTER 3 AR 40-501?  
 YES  NEEDS MMRB NO  NEEDS MEB

8. FUNCTIONAL LIMITATIONS AND CAPABILITIES AND OTHER COMMENTS:  
 This is a test profile to create one in the system and determine how a Soldier can view their profile in AKO under My Medical Readiness. This profile has no physical limitations on the Soldier and the Soldier is able to complete full duty.

This temporary profile is an extension of a temporary profile first issued on \_\_\_\_\_

9. NAME, GRADE & TITLE OF PROFILING OFFICER [Redacted]	10. SIGNATURE <<electronically signed>>	11. DATE (YYYYMMDD) 20101116
12. NAME & GRADE OF APPROVING AUTHORITY	13. SIGNATURE	14. DATE (YYYYMMDD)

15. Commanders can access the electronic profiles of Soldiers in their unit(s) by going to <http://www.mods.army.mil/> and clicking on eProfile in the list of applications. Commanders will be required to register and be approved in eProfile before they can gain access to profiles.

16. PATIENT'S IDENTIFICATION a. NAME: (Last, First) [Redacted] b. GRADE/RANK: [Redacted] c. SSN: [Redacted] d. UNIT: [Redacted]	17. HOSPITAL OR MEDICAL FACILITY MACH
18. PROFILING OFFICER E-MAIL [Redacted]	